

Run 4 The Health of It



Advance Physical Therapy's *J C Advance Foundation, Inc.* is proud to present the 4th annual 2015 "RUN 4 THE HEALTH OF IT" RACE SERIES beginning October 18th. This 4th annual event and fundraiser will benefit local schools and teachers, with all proceeds being donated to Lafourche Parish Schools. Our Goal and Mission is to promote Health & Wellness in our community and parish, while providing support to our teachers, students, and schools.

Location: This year all races will begin near the corner of North Acadia Rd and Percy Brown Rd. (806 N. Acadia Road, Thibodaux, LA)

Races: The 1st race will consist of a children's race and a 5K. Following the October 18th race there will be plate lunches, drinks and activities. Awards will be issued based on age and gender.

Registration: Refer to table below. Same day race registration will also be available, but T-shirt availability may be limited.

Return below portion with check or money order made payable to:
J C Advance Foundation, Inc., 508 N Acadia Rd, Thibodaux, LA 70301

Questions: Call 985/448-5888 or email ther8500@bellsouth.net

Name: _____ DOB: _____ Age (at time of race): _____ Gender: _____
Address: _____ City: _____ State/Zip Code: _____
Phone: _____ Email: _____
Shirt Size (Check 1): Youth Sizes: ☐ S ☐ M ☐ L Adult Sizes: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL (XXL & XXXL \$3 extra)

I Would Like to Register for: [please check appropriate box(es)]

1st Race- Sunday, October 18, 2015 5K

☐ By Oct 1.....\$20..... ☐ With lunch \$25
☐ Children Activities.....\$10..... ☐ With lunch \$15

Registration 10 am, Start Time 11 am

☐ After Oct 1 and Race Day.....\$25..... ☐ with lunch \$30
☐ After Oct 1 and Race Day.....\$15..... ☐ with lunch \$20

2nd Race- Thursday, November 26, 2015 10K

☐ By Nov 1.....\$30

Registration 7 am, Start Time 8 am

☐ After Nov 1 and Race Day.....\$35

3rd Race- Saturday, December 19, 2015 15K

☐ By Dec 1.....\$40

Registration 7 am, Start Time 8 am

☐ After Dec 1 and Race Day.....\$45

Run 4 The Health of It (All 3 Races):

☐ By Oct 1.....\$90.....with lunch \$95 ☐ After Oct 1.....\$95..... ☐ with lunch \$100

Each student will have the opportunity to participate in the registration drive, and the student producing the most registrants will be awarded an Apple Ipad with accessories. At the conclusion of all 3 races the registration forms will be tallied and the winning student will be announced.

Student Name/Grade: _____

School: _____

Total for Race (s) : \$ _____

Additional Donation
To our schools : \$ _____

Total Amount : \$ _____

LEGAL RELEASE: By submitting this application, I claim that I am aware of and/or agree to the following: Running requires physical exertion that may be hazardous to my health; there is no known physical or mental condition that would endanger me if I participate; I have sufficiently prepared for this activity. I also agree to hold harmless and indemnify event sponsors, officials and organizations and agents or event employees for any and all injuries and/or damages.

Signature

Date